

Elly in the Kitchen

Friday, May 8

Noon - \$8

Beef Noodle Soup

Creamed Turkey Over Biscuits

Chocolate Cream Pie

(Sign Up by: Tuesday, May 6 - 10am)

Thursday, May 21

Noon - \$8

Pulled Pork Sandwiches

Cowboy Beans

Chips

Watermelon Dessert Bar

(Sign up by: Friday, May 19 - 10am)

Pizza Party

Wednesday

May 27

12:00p

Pizza Hut Pizza

12:30pm

Bingo

1:30

Choose a Game

Pizza Hut personal pan-\$5.00

(Pay at the front desk
before 4pm - 2/24)

Open Painting Fun Day

May 5

9:30a-11:30a

Bring your own supplies
and paint the first
Tuesday of every month
(No extra charge/No
Instructor)



Hub Happenings 2026

Open

Monday - Friday

8:00a-4:00p

\$6/Month

(Regular and Decaf Coffee
Included)

Phone: 715.670.0790

The Hub active adult center is a wonderful space in the Lunda Community Center for those 55+ to come in and make new friends, learn new skills, socialize, enjoy a cup of coffee, play cards and enjoy a variety of programs and activities.

HAPPY BIRTHDAY

5/2 Irving Caldwell

5/6 Joan Dix

5/7 George Schwab

5/8 Karen Hansen

5/12 Jim Hornby

5/12 Nadonis Wicklund

5/15 Lori Kitowski

5/17 Evelyn Lloyd

5/20 Karen Johnson

5/26 Kathy Webb

5/27 Janet Branton

5/28 Charlotte Heller



Hub Guest Speaker Dave Olson Wednesday, May 13 1pm

As many know, we are constantly trying to do what's best for our community, environment and our health. I will share a little bit about our journey to achieve these ideals and goals by chatting about what it's like to farm organically.

Our dairy farm has been farming organically for 20 years. It has had many challenges but also many rewards as well. We have continued to educate ourselves while engaging in process. Sharing some of these experiences and thoughts are always an on going privilege.

Exercise

Opportunities

Tuesdays - 10a-10:45a

\$1.00 - Sign-Up at the Front Desk.
Instructor

Katie Larkin

Hub's Functional Flow and Balance class: This class will begin with chair flexibility to start the flow of your day and will transition to functional standing balance tasks (chairs available) to encourage and maintain your stability. If no Functional Flow class DVD will play instead.
(Must be a Hub Member)

Thursdays - 10a-10:45a
Strength DVD Chair Exercise

Card Playing Schedule

Monday

Bridge
12:30p-
4:00p

Tuesday

Euchre
9:00a-
11:30a

Wednesday
Sheepshead
8:00a-
11:30a

Thursday
500

1:00p-4:00p

Friday

**Choose a
Game
OR
Euchre**
10:00a

Movie

Wednesday
May 20
1pm

**A beautiful
day in the
neighborhood.**

**An award-winning
cynical journalist,
Lloyd Vogel,
begrudgingly
accepts an
assignment to
write an Esquire
profile piece on
the beloved
television icon
Fred Rogers. After
his encounter with
Rogers, Vogel's
perspective on life
is transformed.**



**HUB
May
2026**



Dominoes



**Every
Monday
and
Friday
10am**

FRIDAY 5/1

10:00a
Choose a
Game
Or
Euchre

10:00a
Dominoes

MONDAY 5/4

10:00a
Dominoes

12:30p-4:00p
Bridge

TUESDAY 5/5

9:00a-11:30a
Euchre

9:30a-11:30a
Open Painting
Fun Day.

10:00a - 10:45a
Functional Flow

WEDNESDAY 5/6

8:00a-11:30a
Sheepshead

THURSDAY 5/7

10:00a-10:45a
Strength DVD

11:00a-Noon
Coffee With a Cop

1:00p-4:00p
500
And
Scrabble

FRIDAY 5/8

10:00a
Choose a
Game
Or
Euchre
Noon
Lunch

10:00a
Dominoes

MONDAY 5/11

10:00a
Dominoes

12:30p-4:00p
Bridge

TUESDAY 5/12

9:00a-11:30a
Euchre

10:00a - 10:45a
Functional Flow

11:15a
Bridge

WEDNESDAY 5/13

8:00a-11:30a
Sheepshead

1:00pm
Guest Speaker

THURSDAY 5/14

10:00a-10:45a
Strength DVD

1:00p-4:00p
500
And
Scrabble

FRIDAY 5/15

10:00a
Choose a
Game.
Or
Euchre
10:00a
Dominoes

MONDAY 5/18

10:00a
Dominoes

12:30p-4:00p
Bridge

TUESDAY 5/19

9:00a-11:30a
Euchre

10:00a - 10:45a
Functional Flow
Chair Exercise

WEDNESDAY 5/20

8:00a-11:30a
Sheepshead

1:00p
Movie

THURSDAY 5/21

10:00a-10:45a
Strength DVD

Noon
Lunch

1:00p-4:00p
500
And
Scrabble

FRIDAY 5/22

10:00a
Choose a
Game
OR
Euchre

10:00a
Dominoes

MONDAY 5/25

10:00a
Dominoes

12:30p-4:00p
Bridge

TUESDAY 5/26

9:00a-11:30a
Euchre

10:00a - 10:45a
Functional Flow

WEDNESDAY 5/27

8:00a-11:30a
Sheepshead

Noon
Pizza Hut Pizza
12:30p
Bingo
1:30p
Choose a Game

THURSDAY 5/28

10:00a-10:45a
Strength DVD

1:00p-4:00p
500
And
Scrabble

FRIDAY 5/29

10:00a
Choose a
Game
OR
Euchre

10:00a
Dominoes